

## CLAIMS

1. A composition which comprises, in a physiologically acceptable medium:

(A) at least one sapogenin selected from the group consisting of diosgenin, hecogenin, a sapogenin derivative, a natural extract containing a sapogenin, and mixtures thereof; and

(B) at least one xanthine base or a plant extract containing the same.

2. The composition according to Claim 1, wherein said sapogenin is diosgenin.

3. The composition according to Claim 1, wherein said sapogenin derivative is a sapogenin ester.

4. The composition according to Claim 1, wherein said sapogenin ester is hecogenin acetate.

5. The composition according to Claim 1, wherein said natural extract is selected from the group consisting of extracts of wild yam rhizome and extracts of agave leaves.

6. The composition according to Claim 1, wherein said sapogenin is present in said composition in an amount of from 0.001 % to 10 % by weight, of the total weight of said composition.

7. The composition according to Claim 6, wherein said sapogenin is present in said composition in an amount of from 0.05 % to 5 % by weight, of the total weight of said composition.

5 8. The composition according to Claim 1, wherein said xanthine base is selected from the group consisting of caffeine, theophylline, theobromine, acefylline, xanthinol nicotinate, diniprophylline, diprophylline, etamiphylline and its derivatives, etophylline, prooxyphylline, pentophylline, propentophylline, pyridophylline, bamiphylline, and mixtures thereof.

10 9. The composition according to Claim 8, wherein said xanthine base is selected from the group consisting of caffeine, theophylline, theobromine, acefylline, and mixtures thereof.

15 10. The composition according to Claim 1, wherein said plant extract is selected from the group consisting of extracts of tea, extracts of coffee, extracts of guarana, extracts of Paraguay tea, extracts of cola, and mixtures thereof.

20 11. The composition according to Claim 1, wherein said xanthine base is present in said composition in an amount of from 0.01 % to 10 % by weight, of the total weight of said composition.

12. The composition according to Claim 11, wherein said xanthine base is present in said composition in an amount of from 0.1 % to 7 % by weight, of the total

weight of said composition.

13. A method for preventing and/or combating cellulite, said method comprising apply to the skin, of a subject in need thereof, an effective amount of a composition which comprises, in a physiologically acceptable medium:

(A) at least one sapogenin, sapogenin derivative, or natural extract containing a sapogenin; and

(B) at least one xanthine base or a plant extract containing the same.

14. The method according to Claim 13, wherein said sapogenin is selected from the group consisting of diosgenin, hecogenin, smilagenin, sarsapogenin, tigogenin, yamogenin, yuccagenin, and mixtures thereof.

15. The method according to Claim 13, wherein said sapogenin is diosgenin.

16. The method according to Claim 13, wherein said xanthine base is selected from the group consisting of caffeine, theophylline, theobromine, acefylline, and mixtures thereof.

17. A method for refining the figure or the contours of the face, said method comprising apply to the skin of the figure or the skin of the face, of a subject in need thereof, an effective amount of a composition which comprises, in a physiologically acceptable medium:

(A) at least one sapogenin, sapogenin derivative, or natural extract containing

a sapogenin; and

(B) at least one xanthine base or a plant extract containing the same.

18. The method according to Claim 17, wherein said sapogenin is selected  
5 from the group consisting of diosgenin, hecogenin, smilagenin, sarsapogenin,  
tigogenin, yamogenin, yuccagenin, and mixtures thereof.

19. The method according to Claim 17, wherein said sapogenin is diosgenin.

10 20. The method according to Claim 17, wherein said xanthine base is  
selected from the group consisting of caffeine, theophylline, theobromine, acefylline,  
and mixtures thereof.